

Examples of Complications During Pregnancy

Preeclampsia

- A type of high blood pressure.
- Also called “toxemia” or pregnancy-induced hypertension.
- Checked for during every visit.
- Pregnant women must immediately report:
 1. Sudden weight gain
 2. Puffiness in hands and face
 3. Blurred vision
 4. Severe headache
- Left untreated can result in:
 1. Eclampsia (a toxic condition in late pregnancy that is characterized by a sudden rise in blood pressure, excessive weight gain, swelling of legs, feet, hands, and face, severe headache, and problems with vision)
 2. Convulsions
 3. Coma
 4. Permanent damage to the mother
 5. Oxygen deprivation to fetus

Gestational Diabetes

- Type of diabetes that almost always disappears after delivery.
- Diagnosed by a routine glucose-screening test during the sixth or seventh month of pregnancy.